



Options: Dilation or Optomap?

Today for your exam you have a choice on how we examine the inside of your eye, the retina. We can either dilate the eyes or do the Optomap Exam.

1. Our doctors recommend the Optomap Exam, a high resolution, ultra-wide field, digital image that is easily taken of your eyes. It is the easiest, quickest, and most convenient way to ensure that your retina is healthy. That digital record is viewed together with you and is stored for future comparison. Most patients will not need to be dilated if the Optomap is normal, some patients with retinal disease detected will still need to be dilated. The fee for this service is \$30.

2. Dilating the eyes is a 'tried and true' method to see the same area of the back of the eye. The eye exam proceeds through the refraction (determination of new prescription), then eye drops are instilled. You then wait 15-30 minutes for them to take effect. You may notice glare, light sensitivity and blurred vision. Most of these side effects go away in 4-6 hours. The additional fee for a Comprehensive exam is \$30 more (but may be covered by some insurances).

_____ Yes, I prefer the Optomap Exam. I understand the fee is \$30 and is not covered by most insurances.

_____ Yes, I prefer pupil dilation, if needed. I understand I may have light sensitivity, a longer exam time, and some blurred vision for 4-6 hours. I understand the fee is an additional \$30 if my insurance does not cover this service.

_____ No, I decline both these services. I understand that a thorough retinal exam is not possible without one of the above options.

Patient Signature

Date